



# Neenah Middle School Cross Country



## REGISTRATION:

All 6th, 7th, and 8th Grade athletes are invited to participate.

All forms need to be completed by the first day of practice. Here is the [link](#) to all the forms. Completed forms can be emailed to [cczech@neenah.k12.wi.us](mailto:cczech@neenah.k12.wi.us).

The activity fee is \$30. It can be paid through Infinite Campus or in cash or check.

If you have questions about forms or the activity fee please email or call Mrs. Czech ([cczech@neenah.k12.wi.us](mailto:cczech@neenah.k12.wi.us)).

## SUMMER RUNNING:

Staying active throughout the summer will make the start of the cross country season more enjoyable. Athletes that run 100 or 150 miles from June 1 to the first day of practice will earn a 100 mile or 150 mile club sticker. If you run 2 miles, 5 days a week you will complete 100 miles. Keep a log (I included a calendar in this email) and turn it in on the first day of practice with your name on it.

Middle Schoolers are invited to join the high school team for summer runs.

Boys meet daily from 8-9 am at the Middle School.

## ATHLETE/PARENT CONTACT INFO:

We are asking all athletes to fill out this [form](#). This helps us to make sure all adults are receiving weekly emails as well as accurate phone numbers to call in case of emergency.

## FIRST WEEK OF PRACTICE:

We meet in the bleachers on the tennis court side of the track at Neenah Middle School.

Monday, August 26: 3:30-5:00 pm

**\*\*parent meeting @ 5pm following practice on Tuesday**

Tuesday, August 27: 3:30-5:00 pm

Wednesday, August 28: 3:30-4:30 pm

Thursday, August 29: 3:30-4:30

Friday, August 30: NO PRACTICE

## COACHES:

### Boys

Abbie Sliwicki: [abbie.sliwicki@neenah.k12.wi.us](mailto:abbie.sliwicki@neenah.k12.wi.us)

Jen Krohn: [jennifer.s.krohn@gmail.com](mailto:jennifer.s.krohn@gmail.com)

### 8th Grade Girls

Lindsay Turchan: [turchan.lindsay@gmail.com](mailto:turchan.lindsay@gmail.com)

### 6th/7th Grade Girls

Jody Drake: [jdrake@neenah.k12.wi.us](mailto:jdrake@neenah.k12.wi.us)

## IMPORTANT LINKS:

[2024 Calendar](#)

[Athletic Forms](#)

[Absence Form](#)

[Parent Ride Home for an AWAY Meet](#) (all meets that are NOT at Apple Blossom)