

Neenah Middle School Cross Country



REGISTRATION:

All 6th, 7th, and 8th Grade athletes are invited to participate.

All forms need to be completed by the first day of practice. Here is the <u>link</u> to all the forms. Completed forms can be emailed to <u>cczech@neenah.kl2.wi.us</u>.

Mrs. Czech cannot accept forms until July 1st

The activity fee is \$30. It can be paid through Infinite Campus or in cash or check.

If you have questions about forms or the activity fee please email or call Mrs. Czech (cczech@neenah.k12.wi.us).

SUMMER RUNNING:

Staying active throughout the summer will make the start of the cross country season more enjoyable. Athletes that run 100 or 150 miles from June 1 to the first day of practice will earn a 100 mile or 150 mile club sticker. If you run 2 miles, 5 days a week you will complete 100 miles. Keep a log (I included a calendar in this email) and turn it in on the first day of practice with your name on it.

ATHLETE/PARENT CONTACT INFO:

We are asking all athletes to fill out this <u>form</u>. This helps us to make sure all adults are receiving weekly emails as well as accurate phone numbers to call in case of emergency.

FIRST WEEK OF PRACTICE:

We meet in the bleachers on the tennis court side of the track at Neenah Middle School.

Monday, August 25: 3:30-5:00 pm **parent meeting @ 5pm following practice on Monday

Tuesday, August 26: 3:30-5:00 pm Wednesday, August 27: 3:30-4:30 pm Thursday, August 28: 3:30-4:30 Friday, August 29: NO PRACTICE

COACHES:

<u>Boys</u> Abbie Sliwicki:abbie.sliwicki@neenah.k12.wi.us Jen Krohn: jennifer.s.krohn@gmail.com

<u>8th Grade Girls</u> Lindsay Turchan: turchan.lindsay@gmail.com

<u>6th/7th Grade Girls</u> Jody Drake: jdrake@neenah.k12.wi.us

IMPORTANT LINKS:

<u>2025 Calendar</u> <u>Athletic Forms</u> <u>Absence Form</u> <u>Parent Ride Home for an AWAY Meet</u> (all meets that are NOT at Apple Blossom)